

## Fast Five 2024

### Round 1 - Week starting Fri 01 Nov 2024

#### Clarence Aquatic Centre YMCA

Division	Day	Time	Pool	White Cap	Blue Cap
Fast Five U13 Female	Sun 03 Nov 2024	16:00	Pool 3	Vipers	Marlins
Fast Five U13 Female	Sun 03 Nov 2024	16:00	Pool 4	Hydros	Barracudas
Fast Five U13 Male	Sun 03 Nov 2024	16:30	Pool 3	Seals	Tides
Fast Five U13 Male	Sun 03 Nov 2024	16:30	Pool 4	Titans	Tiger Sharks
Fast Five U14 Female	Sun 03 Nov 2024	17:00	Pool 3	Marlins	Penguins
Fast Five U14 Female	Sun 03 Nov 2024	17:00	Pool 4	Otters	Piranhas
Fast Five U14 Male	Sun 03 Nov 2024	17:30	Pool 3	Magalodons	Whitetips
Fast Five U14 Male	Sun 03 Nov 2024	17:30	Pool 4	Bluefins	Salties
Fast Five U16 Female Dolphins have a BYE.					
Fast Five U16 Female	Sun 03 Nov 2024	18:00	Pool 3	Aqua	Tridents
Fast Five U16 Male	Sun 03 Nov 2024	18:00	Pool 4	Divers	Defenders
Fast Five U16 Male	Sun 03 Nov 2024	18:30	Pool 4	Waves	Titans
Fast Five U18 Female	Sun 03 Nov 2024	18:30	Pool 3	Neptunes	Mermaids
Fast Five U18 Male	Sun 03 Nov 2024	19:00	Pool 3	Bull Sharks	Serpents

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Fast Five U18 Male	Sun 03 Nov 2024	19:00	Pool 4	Krakens	Swordfish
Fast Five SNR Men	Sun 03 Nov 2024	19:30	Pool 3	Makos	Hammerheads

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## Round 2 - Week starting Fri 08 Nov 2024

Clarence Aquatic Centre YMCA					
Division	Day	Time	Pool	White Cap	Blue Cap
Fast Five U13 Female	Sun 10 Nov 2024	16:00	Pool 3	Vipers	Hydros
Fast Five U13 Female	Sun 10 Nov 2024	16:00	Pool 4	Marlins	Barracudas
Fast Five U13 Male	Sun 10 Nov 2024	16:30	Pool 3	Seals	Titans
Fast Five U13 Male	Sun 10 Nov 2024	16:30	Pool 4	Tides	Tiger Sharks
Fast Five U14 Female	Sun 10 Nov 2024	17:00	Pool 3	Marlins	Otters
Fast Five U14 Female	Sun 10 Nov 2024	17:00	Pool 4	Penguins	Piranhas
Fast Five U14 Male	Sun 10 Nov 2024	17:30	Pool 3	Magalodons	Bluefins
Fast Five U14 Male	Sun 10 Nov 2024	17:30	Pool 4	Whitetips	Salties
Fast Five U16 Female Aqua have a BYE.					
Fast Five U16 Female	Sun 10 Nov 2024	18:00	Pool 3	Tridents	Dolphins
Fast Five U16 Male	Sun 10 Nov 2024	18:00	Pool 4	Divers	Waves
Fast Five U16 Male	Sun 10 Nov 2024	18:30	Pool 4	Defenders	Titans
Fast Five U18 Female	Sun 10 Nov 2024	18:30	Pool 3	Neptunes	Mermaids
Fast Five U18 Male	Sun 10 Nov 2024	19:00	Pool 3	Serpents	Krakens
Fast Five U18 Male	Sun 10 Nov 2024	19:00	Pool 4	Bull Sharks	Swordfish
Fast Five SNR Men	Sun 10 Nov 2024	19:30	Pool 3	Makos	Hammerheads

## Round 3 - Week starting Fri 15 Nov 2024

Clarence Aquatic Centre YMCA					
Division	Day	Time	Pool	White Cap	Blue Cap
Fast Five U13 Female	Sun 17 Nov 2024	16:00	Pool 3	Vipers	Barracudas
Fast Five U13 Female	Sun 17 Nov 2024	16:00	Pool 4	Marlins	Hydros
Fast Five U13 Male	Sun 17 Nov 2024	16:30	Pool 3	Seals	Tiger Sharks
Fast Five U13 Male	Sun 17 Nov 2024	16:30	Pool 4	Titans	Tides
Fast Five U14 Female	Sun 17 Nov 2024	17:00	Pool 3	Marlins	Piranhas
Fast Five U14 Female	Sun 17 Nov 2024	17:00	Pool 4	Penguins	Otters
Fast Five U14 Male	Sun 17 Nov 2024	17:30	Pool 3	Magalodons	Salties
Fast Five U14 Male	Sun 17 Nov 2024	17:30	Pool 4	Bluefins	Whitetips
Fast Five U16 Female Tridents have a BYE.					
Fast Five U16 Female	Sun 17 Nov 2024	18:00	Pool 3	Aqua	Dolphins
Fast Five U16 Male	Sun 17 Nov 2024	18:00	Pool 4	Divers	Titans
Fast Five U16 Male	Sun 17 Nov 2024	18:30	Pool 4	Waves	Defenders
Fast Five U18 Female	Sun 17 Nov 2024	18:30	Pool 3	Neptunes	Mermaids
Fast Five U18 Male	Sun 17 Nov 2024	19:00	Pool 3	Krakens	Bull Sharks
Fast Five U18 Male	Sun 17 Nov 2024	19:00	Pool 4	Swordfish	Serpents
Fast Five SNR Men	Sun 17 Nov 2024	19:30	Pool 3	Makos	Hammerheads

## Round 4 · Week starting Fri 22 Nov 2024

### Clarence Aquatic Centre YMCA

Division	Day	Time	Pool	White Cap	Blue Cap
Fast Five U13 Female	Sun 24 Nov 2024	16:00	Pool 3	Vipers	Marlins
Fast Five U13 Female	Sun 24 Nov 2024	16:00	Pool 4	Hydros	Barracudas
Fast Five U13 Male	Sun 24 Nov 2024	16:30	Pool 3	Seals	Tides
Fast Five U13 Male	Sun 24 Nov 2024	16:30	Pool 4	Titans	Tiger Sharks
Fast Five U14 Female	Sun 24 Nov 2024	17:00	Pool 3	Marlins	Penguins
Fast Five U14 Female	Sun 24 Nov 2024	17:00	Pool 4	Otters	Piranhas
Fast Five U14 Male	Sun 24 Nov 2024	17:30	Pool 3	Magalodons	Whitetips
Fast Five U14 Male	Sun 24 Nov 2024	17:30	Pool 4	Bluefins	Salties
Fast Five U16 Female Dolphins have a BYE.					
Fast Five U16 Female	Sun 24 Nov 2024	18:00	Pool 3	Aqua	Tridents
Fast Five U16 Male	Sun 24 Nov 2024	18:00	Pool 4	Divers	Defenders
Fast Five U16 Male	Sun 24 Nov 2024	18:30	Pool 4	Waves	Titans
Fast Five U18 Female	Sun 24 Nov 2024	18:30	Pool 3	Neptunes	Mermaids

Fast Five U18 Male	Sun 24 Nov 2024	19:00	Pool 3	Bull Sharks	Serpents
Fast Five U18 Male	Sun 24 Nov 2024	19:00	Pool 4	Krakens	Swordfish
Fast Five SNR Men	Sun 24 Nov 2024	19:30	Pool 3	Makos	Hammerheads

## Round 5 - Week starting Fri 29 Nov 2024

Clarence Aquatic Centre YMCA					
Division	Day	Time	Pool	White Cap	Blue Cap
Fast Five U13 Female	Sun 01 Dec 2024	16:00	Pool 3	Vipers	Hydros
Fast Five U13 Female	Sun 01 Dec 2024	16:00	Pool 4	Marlins	Barracudas
Fast Five U13 Male	Sun 01 Dec 2024	16:30	Pool 3	Seals	Titans
Fast Five U13 Male	Sun 01 Dec 2024	16:30	Pool 4	Tides	Tiger Sharks
Fast Five U14 Female	Sun 01 Dec 2024	17:00	Pool 3	Marlins	Otters
Fast Five U14 Female	Sun 01 Dec 2024	17:00	Pool 4	Penguins	Piranhas
Fast Five U14 Male	Sun 01 Dec 2024	17:30	Pool 3	Magalodons	Bluefins

Fast Five U14 Male	Sun 01 Dec 2024	17:30	Pool 4	Whitetips	Salties
Fast Five U16 Female Aqua have a BYE.					
Fast Five U16 Female	Sun 01 Dec 2024	18:00	Pool 3	Tridents	Dolphins
Fast Five U16 Male	Sun 01 Dec 2024	18:00	Pool 4	Divers	Waves
Fast Five U16 Male	Sun 01 Dec 2024	18:30	Pool 4	Defenders	Titans
Fast Five U18 Female	Sun 01 Dec 2024	18:30	Pool 3	Neptunes	Mermaids
Fast Five U18 Male	Sun 01 Dec 2024	19:00	Pool 3	Serpents	Krakens
Fast Five U18 Male	Sun 01 Dec 2024	19:00	Pool 4	Bull Sharks	Swordfish
Fast Five SNR Men	Sun 01 Dec 2024	19:30	Pool 3	Makos	Hammerheads



## Round 6 - Week starting Fri 06 Dec 2024

Clarence Aquatic Centre YMCA					
Division	Day	Time	Pool	White Cap	Blue Cap
Fast Five U16 Female Tridents have a BYE.					
Fast Five U16 Female	Sun 15 Dec 2024	18:00	Pool 3	Aqua	Dolphins
Fast Five U13 Female	Sun 15 Dec 2024	16:00	Pool 3	Vipers	Barracudas
Fast Five U13 Female	Sun 15 Dec 2024	16:00	Pool 4	Marlins	Hydros
Fast Five U13 Male	Sun 15 Dec 2024	16:30	Pool 3	Seals	Tiger Sharks
Fast Five U13 Male	Sun 15 Dec 2024	16:30	Pool 4	Titans	Tides
Fast Five U14 Female	Sun 15 Dec 2024	17:00	Pool 3	Marlins	Piranhas
Fast Five U14 Female	Sun 15 Dec 2024	17:00	Pool 4	Penguins	Otters
Fast Five U14 Male	Sun 15 Dec 2024	17:30	Pool 3	Magalodons	Salties
Fast Five U14 Male	Sun 15 Dec 2024	17:30	Pool 4	Bluefins	Whitetips
Fast Five U16 Male	Sun 15 Dec 2024	18:00	Pool 4	Divers	Titans
Fast Five U16 Male	Sun 15 Dec 2024	18:30	Pool 4	Waves	Defenders
Fast Five U18 Female	Sun 15 Dec 2024	18:30	Pool 3	Neptunes	Mermaids
Fast Five U18 Male	Sun 15 Dec 2024	19:00	Pool 3	Krakens	Bull Sharks
Fast Five U18 Male	Sun 15 Dec 2024	19:00	Pool 4	Swordfish	Serpents
Fast Five SNR Men	Sun 15 Dec 2024	19:30	Pool 3	Makos	Hammerheads